

# WELLNESS POLICY

At Grand Avenue Kids, we strive to provide a healthy and safe environment for all and ask those experiencing symptoms of communicable illnesses to refrain from in-person activities.

Due to Covid-19, we cannot emphasize enough the importance of following our wellness policy. If in the last 14 days, you or someone you are bringing have tested positive for Covid-19, been told to quarantine by a medical or government official, had a fever, or a persistent dry cough or shortness of breath, we ask that you please stay home. We appreciate your care and consideration of others.

If you or one of your children are experiencing *any* of the below symptoms of communicable illnesses, we ask that you please *keep them at home*.

- Fever (100.4° F or higher) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Unexplainable rash
- Watery, matted eyes
- Head lice