

Whispers From God

When I feel Alone:

Joshua 1:9

9 This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.

Psalms 139:1-6

- 1 O Lord, you have examined my heart
and know everything about me.
- 2 You know when I sit down or stand up.
You know my thoughts even when I'm far away.
- 3 You see me when I travel
and when I rest at home.
You know everything I do.
- 4 You know what I am going to say
even before I say it, Lord.
- 5 You go before me and follow me.
You place your hand of blessing on my head.
- 6 Such knowledge is too wonderful for me,
too great for me to understand!

Isaiah 41:10

- 10 Don't be afraid, for I am with you.
Don't be discouraged, for I am your God.
I will strengthen you and help you.
I will hold you up with my victorious right hand.

Matthew 28:20

20 Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age."

Philippians 4:13

13 For I can do everything through Christ, who gives me strength.

Whispers From God

When I feel Angry:

Psalm 37:8

8 Stop being angry!
Turn from your rage!
Do not lose your temper—
it only leads to harm.

Proverbs 15:1

1 A gentle answer deflects anger,
but harsh words make tempers flare.

Proverbs 19:11

11 Sensible people control their temper;
they earn respect by overlooking wrongs.

Luke 6:27-30

27 "But to you who are willing to listen, I say, love your enemies! Do good to those who hate you. 28 Bless those who curse you. Pray for those who hurt you. 29 If someone slaps you on one cheek, offer the other cheek also. If someone demands your coat, offer your shirt also. 30 Give to anyone who asks; and when things are taken away from you, don't try to get them back.

Luke 6:31

31 Do to others as you would like them to do to you.

John 13:34-35

34 So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. 35 Your love for one another will prove to the world that you are my disciples."

Ephesians 4:26-27

26 And "don't sin by letting anger control you." [a] Don't let the sun go down while you are still angry, 27 for anger gives a foothold to the devil.

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Ephesians 4:31-32

31 Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. 32 Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

Colossians 3:8-10

8 But now is the time to get rid of anger, rage, malicious behavior, slander, and dirty language. 9 Don't lie to each other, for you have stripped off your old sinful nature and all its wicked deeds. 10 Put on your new nature, and be renewed as you learn to know your Creator and become like him.

Whispers From God

When I feel Afraid:

Joshua 1:9

9 This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.

Psalm 46:10

10 "Be still, and know that I am God!
I will be honored by every nation.
I will be honored throughout the world."

Psalm 91:11

11 For he will order his angels
to protect you wherever you go.

Psalm 118:6

6 The Lord is for me, so I will have no fear.
What can mere people do to me?

Isaiah 41:10

10 Don't be afraid, for I am with you.
Don't be discouraged, for I am your God.
I will strengthen you and help you.
I will hold you up with my victorious right hand.

Ephesians 6:11-12

11 Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. 12 For we[a] are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

James 1:2-3

2 Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. 3 For you know that when your faith is tested, your endurance has a chance to grow.

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When I feel Ashamed:

Luke 15:10

10 In the same way, there is joy in the presence of God's angels when even one sinner repents."

John 1:12

12 But to all who believed him and accepted him, he gave the right to become children of God.

I John 3:17-18

17 If someone has enough money to live well and sees a brother or sister in need but shows no compassion—how can God's love be in that person?

18 Dear children, let's not merely say that we love each other; let us show the truth by our actions.

2 Corinthians 5:17

17 This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

I John 1:9

9 But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

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When I feel Depressed:

Psalm 34:19

19 The righteous person faces many troubles,
but the Lord comes to the rescue each time.

John 14:27

27 "I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.

John 16:33

33 I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."

Philippians 4:6-7

6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

James 1:2-4

2 Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. 3 For you know that when your faith is tested, your endurance has a chance to grow. 4 So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.

Whispers From God

When I feel Anxious/Worried:

Psalm 46:10

10 "Be still, and know that I am God!
I will be honored by every nation.
I will be honored throughout the world."

Isaiah 40:31

31 But those who trust in the Lord will find new strength.
They will soar high on wings like eagles.
They will run and not grow weary.
They will walk and not faint.

Matthew 6:25-26

25 "That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? 26 Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are?"

Matthew 6:33-34

33 Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

34 "So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today.

Matthew 11:28

28 Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.

Romans 8:28

28 And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

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Philippians 4:6-7

6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

1 Peter 5:7

7 Give all your worries and cares to God, for he cares about you.

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When I feel Jealous:

Proverbs 14:30

30 A peaceful heart leads to a healthy body;
jealousy is like cancer in the bones.

Proverbs 23:17-18

17 Don't envy sinners,
but always continue to fear the Lord.
18 You will be rewarded for this;
your hope will not be disappointed.

Matthew 6:19-21

19 "Don't store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. 20 Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal. 21 Wherever your treasure is, there the desires of your heart will also be.

1 Corinthians 13:4-5

4 Love is patient and kind. Love is not jealous or boastful or proud 5 or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged.

James 3:14-16

14 But if you are bitterly jealous and there is selfish ambition in your heart, don't cover up the truth with boasting and lying. 15 For jealousy and selfishness are not God's kind of wisdom. Such things are earthly, unspiritual, and demonic. 16 For wherever there is jealousy and selfish ambition, there you will find disorder and evil of every kind.

Whispers From God

When I feel Tempted:

Matthew 26:41

41 Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!"

1 Corinthians 10:13

13 The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.

Galatians 6:1

1 Dear brothers and sisters, if another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself.

Ephesians 6:11-12

11 Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. 12 For we[a] are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

Hebrews 2:18

18 Since he himself has gone through suffering and testing, he is able to help us when we are being tested.