# **UPWARD BOUND** Craft Curriculum

### Contents

Introduction
Expedition E (2's & 3's) Craft ite
Day 1
Day 2
Day 37
Day 4
Day 5
Expedition D (4's-K) Lesson Handwork Site
Day 1
Day 2
Day 3
Day 4
Day 5
Expeditions A-D (4's-Grade 6) Craft
Day 1
Day 2
Day 3
Day 4
Day 5
Patterns

#### **Original Upward Bound Creators:**

*Writers:* Anna Leonard Van Wechel, Bronwyn Rayburn Leonard, Laura Lind

Support Team: Susie Barbo, Barbara Goebel, Kothra Lidstrom, Sheryl Farquhar

Graphic Design: Sandy Flewelling, Josh Alves

CDM Upward Bound Team: Lindsey Manickavasagam, CDM staff

#### Graphic Design and Illustration:

Chip Evans and Stacey VanVoorsih

Unless noted, Scripture used is from The Holy Bible, English Standard Version™ Copyright © 2000; 2001; 2016 by Crossway Bibles, A Division of Good News Publishers, 1300 Crescent Street, Wheaton, Illinois 60187, USA. All Rights Reserved.

Scriptures quotations marked (NIV) are taken from the Holy Bible, New International Version®, NIV®. Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc.™ Used by permission of Zondervan. "...that at the name of Jesus every knee should bow... and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."

Philippians 2:10–11

© Copyright 2015–2024. Presbyterian Church in America Committee on Discipleship Ministries • reachoutadventures.com. All rights reserved. No part of this book may be reproduced, stored in a retrieval system, or transmitted in any form or by any means (mechanically, electronically, recording, etc.) without prior written consent of the publisher.

# INTRODUCTION

**W**elcome to Upward Bound's Craft urriculum! Th s guide contains step-bystep instructions and patterns for the following aspects of the day:

#### Expeditions E & D (Ages 2–K) Learning Sites:

These hands-on learning centers help your littlest Backpackers learn in ageappropriate ways. This guide covers two of the Sites:

- the Craft ite (projects reinforcing the Bible Lesson truths or camping/ backpacking theme)
- the Lesson Handwork Site (*paper-oriented*, *lesson-reinforcing handwork*; 4's-K only)
- patterns for Mystery Site
- Expedition A–D (4's–Grade 6) Craft Time:

These crafts reinforce the day's Bible lesson truths or Upward Bound's camping/backpacking theme.

We encourage you to follow these guidelines as you prepare the enclosed projects for your Upward Bound week:

- Read through the portion of this book you are responsible for.
- Consult with your Director to determine:
  - which crafts ill be used for each Expedition each VBS day
    the estimated number of children expected for each Expedition
- List general supplies needed for in-classroom craft ork (i.e., crayons, washable markers, glue sticks, etc.); check existing supplies.
- List special supplies needed for each project; check existing supplies.
- Consult with your Director to determine:
  - budget for purchasing supplies
  - whether you are to solicit supplies from your congregation, and if so, by what method (bulletin/website/Facebook announcement; "giving tree" listing specific items needed, etc.).
- Plan and implement the purchase and/or gathering of supplies.
- Delegate and distribute prep work to others; keep accurate list of those assisting, and make deadlines clear.
- Place general classroom craft upplies needed for each Expedition in containers and label for Grades 1–6 Craft ite and Expeditions D & E classrooms.
- Prepare daily craft ackets (sidebar); place in labeled containers; distribute containers to Craft ite and Expeditions E & D classrooms each day.
- Prepare a sample of each craft or the Craft ite and Expeditions E & D classrooms; place in appropriate container.
- Keep accurate records and prepare final summary report for your Director outlining expenditures, donations, volunteers, number of craft ackets prepared/used, list of supplies remaining.
- Package, label, and return or store remaining supplies following Upward Bound.



### Be Prepared

We strongly encourage you to read the Bible Lesson Curriculum in preparation for introducing each lesson-related project.

#### **Materials Lists**

Unless otherwise noted, listed amounts of craft-specific materials are *one per child*.

### **Daily Craft Packets**

To monitor supplies and make your craft time flow more smoothly, prepare individual craft packets of materials needed per child for each craft.

### Questions?

If you have any questions, please call VBS Reachout toll-free at 1-866-468-2772.

## **CRAFT SITE** Expedition E (2's & 3's)

## Day 1

### The Angel Gabriel Figure

### Lesson: The Surprising Journey — Born in the Likeness of Men

### Objective

To make an angel that can remind the children of the angel Gabriel who announced Jesus' birth—the beginning of His Upward Bound journey for us.

### Introduction

"Backpackers, we have just heard the angel Gabriel tell us a most important and exciting story. Do you remember what Gabriel was sent by God to do? (Announce the amazing news that Jesus, God's Son was to be born on earth as a baby.) Do you remember what Gabriel said this special baby's name was to be, and what His name meant? (Jesus—the



*One through whom God will save His people.)* Today we will make an angel (*show sample*) that can remind us of that wonderful day when Jesus left eaven and began His Upward Bound journey on earth."

### During Craft Site, help children:

- Write name on backside of the template
- Color the body and wings.
- Cut along the dashed lines.
- Fold the wings forward along the doted lines.
- Wrap the angles gown into a cone, overlap left side o align with the small lines on the back of the wing, then tap or staple.

### **Teachers**:

Overlap angel gown and staple or tape so the angel is able to stand on its own.

### Materials

- cardstock—white
- pattern angel
- scissors (adult use)
- transparent tape or stapler
- crayons/markers

### In Advance

- 1) Copy angel onto cardstock.
- Cut out angels along outside edges and the dashed lines
- 3) Fold the wings forward along the doted lines



## Expedition & Craft

### **Materials**

- heavy cardstock white, brown (optional)
- patterns
   —door hanger
- —Bible verse sign
- scissors (adult use)
- woodland-themed craft foam shapes or stickers
- craft glue
- crayons

### In Advance

- Copy door hanger pattern onto white (if the children will color it), or brown cardstock; cut out.
- Copy Bible verse sign onto white cardstock; cut out.



- Check online and local craft stores for woodland stickers or adhesive-backed foam shapes.
- To make your own foam shapes, use die-cuts or shape punches. Use adhesive-backed foam if possible.

### Day 2

### Philippians 2:10 Door Hanger

### Lesson: The Humbling Journey— The Form of a Servant

### Objective

To create a door hanger that encourages the Backpackers to love and worship Jesus, and learn His Word.

### Introduction

"Backpackers, what did Mary say was happening in the Temple when she and Joseph found Jesus sitting with the teachers? She said that everyone was amazed to hear how much Jesus knew and understood the Bible! That's because to perfectly do His Father's will even as a young boy, Jesus had decided in His heart to study and memorize the Bible, God's Word. If we want to be like Jesus, and have His Upward Bound Attitude, *we* need to study and memorize the Bible, too! Today you're going to make a door hanger (*show sample*) for a Bible verse you'll be learning this week. You can hang it on the door handle of your bedroom to help you remember your verses and remind you to keep on hiding God's Word in your heart."

### During Craft Site, help children:

- 1) Write name on back of door hanger.
- 2) Color door hanger (if using white cardstock).
- 3) Attach Bible verse sign to front of door hanger.
- 4) Attach woodland foam shapes and/or stickers to front of door hanger.
- 5) Read Bible verse on door hanger together.



(Oz

JESUS EVERY KREE

SHOULD BOW, IN HEAVEN

AND ON EARTH

UNDER THE EARTH ...." Philippians 2:10



## Expedition E Craft

### Day 3

### "Jesus is My Compass" Action Picture

### Lesson: The Obedient Journey— Humbled Himself by Being Obedient

### Objective

To make a compass to remind the Backpackers of the "equipment" God has given us to help us say no to sin.

### Introduction

"Remember from our story today how strong Jesus was in saying no to Satan's temptations? The Bible, prayer, and the Holy Spirit helped Jesus resist Satan. God has given these same things to us to help us say no to Satan, too. Today we are going to make a compass to remind us to (*show sample, pointing to the appropriate "equipment" symbols*):



- read God's Word
- ask the Holy Spirit to help us say 'No!' to sin and Satan and 'Yes!' to God."

### During Craft Site, help children:

- 1) Write name on compass back.
- 2) Color praying hands, Bible, and dove on compass wheel.
- 3) Put compass together by poking a paper fastener through prepared holes in center of each item as shown.
- 4) Read text on compass together; discuss.



### Materials

- cardstock—orange, cream, yellow, green
- patterns
  - —2's & 3's compass back
  - —compass wheel
  - —compass indicator circle
  - -compass arrow
  - scissors (adult use)
- hole punch (adult use)
- paper fastener
- crayons

### In Advance

- Copy compass patterns onto cardstock as follows and cut out: —back: orange
  - —wheel: cream
  - —indicator circle: green
  - —arrow: yellow
- 2) Punch a hole the diameter of paper fastener at center dots in each compass part.



## Expedition E Craft

### **Materials**

- cardstock—brown
- pattern
- necklace cross
- yarn—red
- scissors (adult use)
- glue stick
- 3 colors of large bubble tea straws

### In Advance

- Copy cross onto brown cardstock; cut out and pre-fold along top.
- 2) Cut yarn into 28" length; place tape around each end for threading ease.
- 3) Cut straws into 1" lengths.



You might ask if there are any children who want to ask Jesus to forgive their sins, and then talk individually with those children about trusting in Jesus as their Lord and Savior.

### Day 4

### "Jesus Died to Save Us!" Cross Necklace

### Lesson: The Painful Journey — Obedient to Death on a Cross

### **Objective**

To make a cross necklace that reminds the Backpackers that Jesus died to save us from our sin.

### Introduction

"Children, do you remember what Simon said was the reason Jesus had to die on the cross? Yes, it was to save us from our sin. Jesus died on the cross for you and me, to rescue us from our sin and Satan, and give us eternal life. Today we are going to make a cross you can wear around your neck (*show sample*) to remind you that because of His great love, Jesus died on the cross for all who trust Him as their Lord and Savior."



### During Craft Site, help children:

- 1) Fold cross over mid-point of yarn; glue back sides of cross together.
- 2) Write name on back of cross.
- 3) String 3 straws "beads" on each side of cross.
- 4) Tie ends of yarn together securely.
- 5) Read words on cross: "Jesus died to save us."
- 6) Put on their necklaces.



## Expedition E Craft

### Day 5

### "Jesus Has Risen From the Dead!" Action Picture

### **Lesson: The Joy of the Journey** — God Has Highly Exalted Him

### Objective

To make a picture scene of Jesus' empty tomb on the morning of His Resurrection that the Backpackers can use to retell the story themselves.

#### Introduction

"Children, the most wonderful story you'll ever tell is the one we have learned this week at Upward Bound: that Jesus—God Himself!—came to earth and died for our sins. But is He still dead? NO! He has risen! He fin shed the errand He came to earth to do and now is alive with His Father in Heaven.

"We are going to make a scene like the one on the morning of Jesus' Resurrection (*show sample*). The empty tomb, the big stone, and the angel all will be there for you to be able to retell the story to your friends and family! See how the stone can be 'rolled away' to show the angel ready to tell that Jesus is alive?"

### During Craft Site, help children:

- 1) Write name on back of tomb.
- 2) Color angel; glue inside tomb.
- 3) Place fl wer stickers at base of tomb.
- 4) Use paper fastener to attach stone at dot above tomb entrance and "roll" it away.
- 5) Read words on stone: "Jesus rose from the dead! He is alive!"



### **Materials**

- cardstock—white, gray,
- patterns:
  - —tomb
  - —angel
  - stone
- scissors (adult use)
- hole punch (adult use)
- paper fastener
- glue stick
- crayons
- flower stickers

### In Advance

- Copy tomb onto gray cardstock; cut out around outside edges (do not cut out tomb opening).
- 2) Copy angel onto white cardstock; cut out.
- 3) Copy stone onto gray cardstock; cut out.
- Punch hole in picture and stone where indicated with dots.



If time allows, discuss with the children how Jesus is now back in Heaven, with a human body that He will have forever. His Upward Bound journey is finished—He won the battle against sin and Satan by dying on the cross and rising again!



## LESSON HANDWORK SITE Expedition D (4's-K)

### **Materials**

- cardstock—white
- pattern angel
- scissors (adult use)
  transparent tape or stapler
- crayons/markers

### In Advance

- 1) Copy angel onto cardstock.
- Cut out angels along outside edges and the dashed lines
- 3) Fold the wings forward along the doted lines

## Day 1

### The Angel Gabriel Figure

### Lesson: The Surprising Journey — Born in the Likeness of Men

### Objective

To make an angel that can remind the children of the angel Gabriel who announced Jesus' birth—the beginning of His Upward Bound journey for us.

#### Introduction

"Backpackers, we have just heard the angel Gabriel tell us a most important and exciting story. Do you remember what Gabriel was sent by God to do? *(Announce*)



the amazing news that Jesus, God's Son was to be born on earth as a baby.) Do you remember what Gabriel said this special baby's name was to be, and what His name meant? (Jesus—the One through whom God will save His people.) Today we will make an angel (show sample) that can remind us of that wonderful day when Jesus left eaven and began His Upward Bound journey on earth."

### During Craft Site, help children:

- Write name on backside of the template
- Color the body and wings.
- Cut along the dashed lines.
- Fold the wings forward along the doted lines.
- Wrap the angles gown into a cone, overlap left side o align with the small lines on the back of the wing, then tap or staple.

### **Teachers**:

Overlap angel gown and staple or tape so the angel is able to stand on its own.



### Day 2

### The Temple Action Picture

### **Lesson: The Humbling Journey** — The Form of a Servant

### Objective

To make a picture of the Temple to illustrate for the children that Jesus was our example in obedience. He always obeyed God His Father, and so must we.

#### Introduction

"Children, remind me of what Jesus was doing when His parents found Him in the Temple. (*Jesus was listening to the teachers and asking them questions about the Bible.*)

Do you think this pleased God His Father? We learned today from Mary that every moment of every day Jesus obeyed God the Father. He only wanted to do what would please God so that you and I could be saved from our sin. We are going to make a Temple today with four doors on it *(show sample)*. Can you tell me what they say? *(OBEY)* Jesus obeyed God His Father. When we love Jesus and belong to Him *(when we're Upward Bound)*, we want to obey God just as Jesus did. His Holy Spirit who lives in us helps us to obey."

### During Lesson Handwork Site, help children:

- 1) Write name on back of Temple; color.
- 2) Decorate body shape in each door to represent the people God wants them to obey. Introduce this by saying, "One of the ways that we obey Jesus is by obeying those people He has put in our lives to lead and teach us. Who are some of them?" (*parents, pastors, teachers*)
- 3) Tape top of doors to Temple doorway. Demonstrate how doors can be opened.
- 4) Write name for each person on back of door flap (*Mom, Dad, Teacher, etc.*) so name can be read when flap is lifted.
- 5) Read the words "Jesus obeyed God His Father. We are obeying God when we obey...Mom, Dad, Teacher," etc.

### Materials

- cardstock— white
- patterns
  - —Temple
- —"OBEY" doors
- scissors (adult use)
- crayons
- transparent tape

#### In Advance

- 1) Copy Temple onto white cardstock.
- 2) Copy "OBEY" doors onto cardstock.
- Cut along bold outside rectangle surrounding "OBEY" doors.
- Fold along marked fold line near top of "OBEY" doors.
- 5) Cut on lines between the four doors up to dotted fold line so the doors can be opened (lifted) individually.





### **Materials**

- cardstock—orange, cream, yellow, green
- patterns
  - —compass back
  - -compass wheel
  - -compass indicator circle
- —compass arrow
- scissors (adult use)
- hole punch (adult use)
- paper fastener
- crayons

### In Advance

- 1) Copy compass patterns onto cardstock as follows and cut out:
  - —back: green
  - —wheel: cream —indicator circle:
  - orange —arrow: yellow
- Punch a hole the diameter of paper fastener at center dots in each compass part.

### Day 3

### "Christ is My Compass" Action Picture

### Lesson: The Obedient Journey — Humbled Himself by Being Obedient

#### **Objective**

To make a compass to remind the Backpackers of the "equipment" God has given us to help us say no to sin.

#### Introduction

"Remember from our story today how strong Jesus was in saying no to Satan's temptations? The Bible, prayer, and the Holy Spirit helped Jesus resist Satan. God has given these same things to us to help us say no to Satan, too. Today we are going to make a compass to remind us to (*show sample, pointing to the appropriate "equipment" symbols*):

- pray to God
- read God's Word
- ask the Holy Spirit to help us say 'No!' to sin and Satan and 'Yes!' to God."

### During Craft Site, help children:

- 1) Write name on compass back.
- 2) Color praying hands, Bible, and dove on compass wheel.
- 3) Put compass together by poking a paper fastener through prepared holes in center of each item as shown.
- 4) Read text on compass together; discuss.





### Day 4

### "Jesus Died to Save Us" Cross Necklace

#### **Lesson: The Painful Journey** — Obedient to Death on a Cross

#### **Objective**

To make a cross necklace that reminds the Backpackers that Jesus died to save us from our sin and that helps them share the good news of the Gospel.

#### Introduction

"Have you ever seen someone wear jewelry with a cross on it? Wearing a cross is meant to remind people that Jesus died on a cross to save us from our sins. Wearing a cross reminds us that Jesus is our Lord and Savior, and helps us remember to stay close to Him in prayer and ask Him for forgiveness when we sin. Today we're going to make a cross to wear home to remind you of



all these things. It can also remind you to tell others that Jesus died on the cross so that all who believe in Him will be saved and have eternal life."

### During Lesson Handwork Site, help children:

- 1) Fold cross over mid-point of yarn; glue back sides of cross together.
- 2) Write name on back of cross.
- 3) String 9 pony beads on each side of cross as shown.
- 4) Tie ends of yarn together securely.
- 5) Read words written on cross: "Jesus died to save us."
- 6) Put on their necklaces.

### Materials

- cardstock—brown
- pattern
- —necklace cross
- yarn—red
- scissors (adult use)
- glue stick
- 18 pony beads (6 each of 3 colors)

#### In Advance

- Copy cross onto brown cardstock; cut out and pre-fold along top.
- 2) Cut yarn into 28" length; place tape around each end for threading ease.



You may wish to ask if there are any children who want to ask Jesus to forgive their sins, and then talk individually with those children about trusting in Jesus as their Lord and Savior.



### **Materials**

- cardstock—white, gray,
- patterns:
  - —tomb
  - —angel
  - —stone
- scissors (adult use)
- hole punch (adult use)
- paper fastener or brad
- glue stick
- crayons
- flower stickers

### In Advance

- Copy tomb onto gray cardstock; cut out around outside edges (do not cut out tomb opening).
- 2) Copy angel onto white cardstock; cut out.
- 3) Copy stone onto gray cardstock; cut out.
- Punch hole in picture and stone where indicated with dots.



If time allows, discuss with the children how Jesus is now back in Heaven, with a human body that He will have forever. His Upward Bound journey is finished—He won the battle against sin and Satan by dying on the cross and rising again!

### Day 5

### "Jesus Has Risen From the Dead" Action Picture

### Lesson: The Joy of the Journey — God Has Highly Exalted Him

#### **Objective**

To make a picture scene of Jesus' empty tomb on the morning of His Resurrection that the Backpackers can use to retell the story themselves.

### Introduction

"Children, the most wonderful story you'll ever know or tell is the one we have learned this week at Upward Bound—that Jesus (*God Himself!*) came to earth and died for our sins. But is He still dead? NO! He has risen! He fin shed the errand He came to earth to do and now is alive with His Father in Heaven.

"We are going to make a scene like the one on the morning of Jesus' Resurrection *(show sample)*. The tomb, the big

Jesus has risen from the dead! He is alive! rand live he

stone, and the angel all will be there for you to be able to retell the story to your friends and family! See how the stone can be 'rolled away' to show the angel ready to tell that Jesus is alive."

### During Lesson Handwork Site, help children:

- 1) Write name on back of tomb.
- 2) Color angel; glue inside tomb.
- 3) Place fl wer stickers at base of tomb.
- 4) Attach stone at dot above tomb entrance with paper fastener and "roll" it away.
- 5) Read words on stone: "Jesus rose from the dead! He is alive!"



## CRAFT SITE Expeditions A-D (4's-Grade 6)

### Day 1

### **Upward Bound Backpack**

### **Lesson: The Surprising Journey** — Born in the Likeness of Men

### Objective

To decorate a backpack in which the children carry their Upward Bound "gear" (*Trail Log, Bible*\*)

### Introduction

"When a Backpacker is on a long hike, what does he wear to carry his gear? (*backpack*) Today you are going to decorate your very own backpack (*show sample*) which you can use to carry the gear you need to bring to Upward Bound every day.

### During Craft Site, help children:

- 1) Insert cardboard into backpack.
- 2) Decorate backpack using sponges, stamps, or stencils (for best results, use minimal paint).
- 3) Lay backpack on tarp to dry overnight.

### Materials

- canvas drawstring backpack
- fabric stamps/compressed sponge sheets
- woodland shapes
- scissors (adult use)
- lightweight cardboard
- yarn
- cardstock—white
- washable markers
- fabric paints
- paper plates (for paints)
- tarp
  - baby wipes



- Create or purchase sponge shapes or trace provided patterns and cut out.
- Fabric markers and stencils can be used in place of fabric paint and sponges/ stamps.

### **Materials Sources**

• Backpacks are available from Oriental Trading.com





### **Materials**

- craft foam—brown
- cardstock—earth tones (if using woodland shape patterns)
- patterns
  - —picture frame
  - -Bible passages
  - --- Upward Bound sign
  - -woodland shape
  - patterns (optional)
- twine
- craft knife (adult use)
- cutting board
- hole punch (adult use)
- scissors (adult use)
- woodland-themed craft foam shapes or stickers
- craft glue
- washable markers

### In Advance

- 1) Trace picture frame pattern onto craft foam; cut out.
- 2) Punch 2 holes in top of frame.
- 3) Copy Bible passage onto cardstock; cut out.
- 4) Copy Upward Bound sign onto cardstock; cut out.
- 5) If using woodland patterns, copy onto cardstock; cut out. (See Tips.)
- 6) Cut twine into 24" length.

## Day 2

### Philippians 2:9–11 Picture Frame

### Lesson: The Humbling Journey— The Form of a Servant

### **Objective**

To create a picture frame that encourages the Backpackers to develop Upward Bound Attitudes by memorizing the Bible, just as Iesus did.

### Introduction

"Backpackers, what did Mary say was happening in the Temple when she and Joseph found Jesus sitting with the teachers? She said that everyone was amazed to hear how much Jesus knew and

Upward Bound

understood the Bible! That's because to perfectly do His Father's will even as a young boy, Jesus had decided in His heart to study and memorize the Bible, God's Word. If we want to be like Jesus, we will study and memorize the Bible, too! Today you're going to make a picture frame (show sample) for some Bible verses you'll be learning this week, to help you remember your verses and remind you to keep on hiding God's Word in your heart."

### **During Craft Site, help children:**

- Write name on back of frame. 1)
- Glue Bible passage to back of frame; center in opening. 2)
- 3) Attach Upward Bound sign to front of frame.
- Attach woodland foam shapes and/or stickers to front of frame. 4)
- 5) String twine through holes and tie with knot at top.



### **Materials Sources**

FORTHE

Check local or online craft stores for

- camping and woodland-themed adhesive-backed craft foam shapes/ stickers
- wood and foam picture frames





### Day 3

### My Bible Journal

### **Lesson: The Obedient Journey** — Humbled Himself by Being Obedient

### Objective

To make a Bible Guidebook Journal that reminds the Backpackers of Jesus' victory over Satan, and how the Bible helps us say no to sin and temptation.

### Introduction

"Remember from our story today how strong Jesus was in saying no to Satan's temptations? God's Word, the Bible, helped Jesus resist Satan. The Bible helps *us* in the same way. Today we are going to make a Bible Guidebook Journal *(show sample)* to remind us to hide God's Word in our hearts so that we can say 'No!' to sin and Satan and 'Yes!' to God."

### During Lesson Handwork Site, help children:

- 1) Write name on front cover where indicated.
- Glue Temptation story pictures and corresponding Bible verse answers in order on pages 1–3, reading the words together.
- 3) Glue Bible passage onto page 4, reading the words together.
- 4) Lace booklet together with twine; secure with knots.
- 5) Loop top end of ribbon through top loop of twine; tie knot to secure.
- 6) Bring compass end of ribbon down through book to form bookmark.
- 7) If time, decorate cover with sitckers.



### Materials

- cardstock—tan or white (see Tips)
- copy paper—white, colors of choice
- patterns
  - journal cover (see Tips)
  - —journal pages
  - —temptation story pictures
    - Biblo answor
  - Bible answer pictures
     Bible passages
  - -compass (bookmark)
- scissors (adult use)
- hole punch (adult use)
- 10" length fine twine
- 8" length narrow ribbon
- glue stick
- transparent tape
- washable markers
- woodland-themed stickers (optional)

#### In Advance

- 1) Copy cover onto cardstock; fold in half.
- 2) Copy compass onto cardstock; cut out; tape compass to end of ribbon.
- 2) Copy Bible journal pages back to back on white paper; cut out along solid lines; fold in half.
- Copy temptation story and Bible answer pictures onto colored paper; cut out.
- 4) Copy Bible passage onto colored paper; cut out.
- 5) Insert pages into cover; punch 7 holes near fold for lacing.



### **Materials**

- cardstock—white, red
- patterns:
  - —cross (Expedition D only)
  - —heart (4's–K)
  - —heart (Grades 1–6)
- wooden cross (Grades 1–6)
- colored tissue paper
- scissors (adult use)
- Mod Podge<sup>®</sup> glue
- small, shallow cups or plastic lids
- glue paint brushes
- washable marker
- shallow trays or boxes
- wax paper

#### In Advance

- Expedition D only copy cross pattern onto white cardstock; cut out.
- 2) Copy heart pattern onto red cardstock; cut out.
- 3) Cut colored tissue paper into 1" squares.
- Place wax paper sheets into shallow trays or boxes.



Wooden crosses are available at local or online craft stores. (Wooden cross pictured is 8" tall.)

## Day 4

### **Stained Glass Cross**

### Lesson: The Painful Journey—Obedient to Death on a Cross

#### **Objective**

To make a "stained glass" cross to help the children remember that because of His love for us, Jesus died to save us from our sin.

*Note:* 4's–K make a cardstock cross; Grades 1–6 make a wooden cross.

#### Introduction

"Backpackers, do you remember what Simon said was the reason Jesus had to die on the cross? Yes, it was to save us from our sin. Jesus died on the cross for you and me, to rescue us from our sin, from Satan, and from death. We are going to make a cross (*show sample*) to remind us that because of His great love, Jesus died on the cross for all who trust Him as Lord and Savior."

### During craft time, help children:

- 1) Write name on back of cross.
- Paint glue on cross front (4's-K); front, sides, back (Grades 1–6).
- 3) Attach tissue squares to front (4's–K), front and sides (Grades 1–6), wrapping around to back, until cross is covered.
- 4) Paint another layer of glue over tissue paper.
- 5) While glue is still wet, place red heart on center of cross.
- 6) Lay cross in tray to dry overnight.





### Day 5

### "Focus on Jesus" Binoculars

### **Lesson:** The Joy of the Journey — God Has Highly Exalted Him

### Objective

To construct binoculars that will remind the children to focus on Jesus. When they do, they will see God's glory, and that will help them continue their Upward Bound journey of faith.

#### Introduction

"Backpackers, all this week we have been looking at Jesus, learning who He is, why He came, how He died and rose again. And we've learned that Jesus' coming to earth changed *everything* for all time. He is the true Lord and King of the world. We're going to make some binoculars that will remind us all to focus on Jesus always—so that we see God in all His glory and love and worship Him the rest of our lives. Focusing on Jesus is the only way we will be able to continue our Upward Bound journey by faith until we reach the Summit to live with Jesus forever in the new heavens and new earth."

### During Craft Site, help children:

- 1) Cover each toilet paper roll with a binocular cover using glue stick, making sure black dots are visible.
- 2) Tape rolls together at each end by overlapping transparent tape over ends of rolls.
- 3) Punch a hole at the end of each roll at black dots.
- 4) Wrap band around both rolls as shown; secure ends with double-sided tape, overlapping one end over the other.
- 5) Push end of plastic lacing through one hole and tie with knot; repeat with remaining end.
- 6) Write name on inside of one roll.
- 7) Read "As we focus on Jesus, we see God in all His Glory"; discuss.



### Materials

- paper—white
- cardstock—forest green
- patterns
  - binoculars cover
    (see Tip below)
    binoculars band
- 4 1/2" toilet paper rolls/ craft tubes
- 28" length plastic lacing
- scissors (adult use)
- hole punch (adult use)
- glue stick
- transparent tape
- double-sided tape
- thin washable markers

### In Advance

- 1) Copy 2 binocular covers onto white paper; cut out.
- 2) Copy band onto forest green cardstock; cut out.
- 3) Cut plastic lacing.



#### **Material Sources**

• Plastic lacing is available in online or local craft stores.



## **PATTERNS** Craft & Lesson Handwork Sites

### Contents

### Day 1

2's & 3's Craft; 4 s–K Lesson Handwork	
Angel	23
4's-Grade 6 Craft	
Woodland Shapes	24

### Day 2

2's & 3's Craft       2         Door Hanger       2         Bible Verse Sign       2	
<b>4's-K Lesson Handwork</b> Temple	
<b>4's-Grade 6 Craft</b> 3         Picture Frame       3         Woodland Shapes       2         Bible Passages       3	4

### Day 3

2's & 3's Craft; 4s-K Lesson Handwork	
2's & 3's Compass Back and Wheel	34
4's-K Compass Back and Wheel	36
Compass Indicator	38
Compass Arrow	39
<b>4's-Grade 6 Craft</b> Journal Cover         Journal Pages 1–4         Temptation Story and Bible Answers         Bible Passages         Compass Bookmark.	41 43 44

### Day 4

2's & 3's Craft; 4 s-K Lesson Handwork	
Necklace Cross	 



4's-Grade 6 Craft												
Expedition D (4's-K) Cross	 •											49
Expedition D (4's-K) Heart												
Expeditions A-C (Grades 1-6) Heart	 •••	 •							•	•	•	51

### Day 5

's & 3's Craft; 4 s–K Lesson Handwork
Tomb         52           Angel         53
Aliger       55         Stone       54
's-Grade 6 Craft
Binoculars Cover
Band



Expeditions D & E (2's–K) Day 1 Angel Pattern







Expeditions A–D (4's–Grade 6) Day 1 Backpack Patterns







Expeditions E (2's & 3's) Day 2 Door Hanger Pattern



Expedition E (2's & 3's) Day 2 Bible Verse Sign Pattern









Expeditions A–D (4's–Grade 6) Day 2 Picture Frame Pattern

\*\*10 so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,
\*\*11 and every tongue confess that Jesus Christ is Lord,
\*\*10 to the glory of God the Father."
\*\*\* Philippians 2:10-11

"<sup>10</sup> so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,
<sup>11</sup> and every tongue confess that Jesus Christ is Lord,
to the glory of God the Father." Philippians 2:10–11



<sup>•• 9</sup> Therefore God has highly exalted him and bestowed on him the name that is above every name,

<sup>10</sup> so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,

<sup>11</sup> and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."

Philippians 2:9-11

<sup>\*\*9</sup> Therefore God has highly exalted him and bestowed on him the name that is above every name,

<sup>10</sup> so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,

<sup>11</sup> and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."

Philippians 2:9-11



<sup>\*\*9</sup> Therefore God has highly exalted him and bestowed on him the name that is above every name,

<sup>10</sup> so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,

<sup>11</sup> and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."

Philippians 2:9-11

<sup>\*\*9</sup> Therefore God has highly exalted him and bestowed on him the name that is above every name,

<sup>10</sup> so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,

<sup>11</sup> and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."

Philippians 2:9-11







Expedition E (2's & 3's) Day 3 Compass Back Pattern









Expedition D (4's–K) Day 3 Compass Back Pattern








Expeditions E & D (2's-K) Day 3 Compass Indicator Circle Pattern



Expeditions E & D (2's–K) Day 3 Compass Arrow Pattern







Expeditions A–D (4's–Grade 6) Day 3 Journal Cover Pattern (see Artwork CD for printable color pattern)

esus knew God's Word, the Bible, and	LUKE 4:1-13
temptations to sin. Attach your Bible verses there to help uou keep them in uour heart	lst Temptation
long after Upward Bound is over.	Satan said,
	Jesus replied, "It is written…
4	



3	
Jesus replied,	Jesus replied,
"It is written	"It is written…
<b>3rd Temptation</b>	2nd Temptation
Satan said,	Satan said,

42

Expeditions A–D (4's–Grade 6) Day 3 Journal Pages 2 & 3 Pattern





<ul> <li>**10 so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,</li> <li>**11 and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."</li> <li>Philippians 2:10–11</li> </ul>	" <sup>10</sup> so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, <sup>11</sup> and every tongue confess that Jesus Christ is Lord, to the glory of God the Father." Philippians 2:10–11
<ul> <li>"<sup>10</sup>so that at the name of Jesus</li></ul>	<ul> <li>"<sup>10</sup>so that at the name of Jesus</li></ul>
every knee should bow,	every knee should bow,
in heaven and on earth	in heaven and on earth
and under the earth, <li><sup>11</sup> and every tongue confess</li>	and under the earth, <li><sup>11</sup> and every tongue confess</li>
that Jesus Christ is Lord,	that Jesus Christ is Lord,
to the glory of	to the glory of
God the Father." <li>Philippians 2:10–11</li>	God the Father." <li>Philippians 2:10–11</li>



<ul> <li>"<sup>9</sup> Therefore God has highly exalted him and bestowed on him the name that is above every name,</li> <li><sup>10</sup> so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,</li> <li><sup>11</sup> and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."</li> <li>Philippians 2:9–11</li> </ul>	<ul> <li>"<sup>9</sup> Therefore God has highly exalted him and bestowed on him the name that is above every name,</li> <li><sup>10</sup> so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,</li> <li><sup>11</sup> and every tongue confess that Jesus Christ is Lord, to the glory of God the Father." Philippians 2:9–11</li> </ul>
<ul> <li>"<sup>9</sup> Therefore God has highly exalted</li></ul>	<ul> <li>"<sup>9</sup> Therefore God has highly exalted</li></ul>
him and bestowed on him the	him and bestowed on him the
name that is above every name, <li><sup>10</sup> so that at the name of Jesus every</li>	name that is above every name, <li><sup>10</sup> so that at the name of Jesus every</li>
knee should bow, in heaven and	knee should bow, in heaven and
on earth and under the earth, <li><sup>11</sup> and every tongue confess that</li>	on earth and under the earth, <li><sup>11</sup> and every tongue confess that</li>
Jesus Christ is Lord, to the glory	Jesus Christ is Lord, to the glory
of God the Father."	of God the Father."
Philippians 2:9–11	Philippians 2:9–11



<ul> <li>"<sup>9</sup> Therefore God has highly exalted</li></ul>	<ul> <li>"<sup>9</sup> Therefore God has highly exalted</li></ul>
him and bestowed on him the	him and bestowed on him the
name that is above every name, <li><sup>10</sup> so that at the name of Jesus every</li>	name that is above every name, <li><sup>10</sup> so that at the name of Jesus every</li>
knee should bow, in heaven and	knee should bow, in heaven and
on earth and under the earth, <li><sup>11</sup> and every tongue confess that</li>	on earth and under the earth, <li><sup>11</sup> and every tongue confess that</li>
Jesus Christ is Lord, to the glory	Jesus Christ is Lord, to the glory
of God the Father." <li>Philippians 2:9–11</li>	of God the Father." <li>Philippians 2:9–11</li>
<ul> <li>"<sup>9</sup> Therefore God has highly exalted</li></ul>	<ul> <li>"<sup>9</sup> Therefore God has highly exalted</li></ul>
him and bestowed on him the	him and bestowed on him the
name that is above every name, <li><sup>10</sup> so that at the name of Jesus every</li>	name that is above every name, <li><sup>10</sup> so that at the name of Jesus every</li>
knee should bow, in heaven and	knee should bow, in heaven and
on earth and under the earth, <li><sup>11</sup> and every tongue confess that</li>	on earth and under the earth, <li><sup>11</sup> and every tongue confess that</li>
Jesus Christ is Lord, to the glory	Jesus Christ is Lord, to the glory
of God the Father." <li>Philippians 2:9–11</li>	of God the Father." <li>Philippians 2:9–11</li>



Expeditions A–D (4's–Grade 6) Day 3 Compass Bookmark Pattern (see Artwork CD for printable color pattern)







Expeditions E & D (2's–K) Day 4 Necklace Cross Pattern













Expeditions E & D (2's–K) Day 5 Angel Pattern

53



Day 5 Stone Pattern



55

| As we focus on Jesus, we see |
|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| God in all His Glory         |

Expeditions A–D (4's–Grade 6) Day 5 Binoculars Band Pattern (see Artwork CD for printable color pattern)

56