



**Welcome to Immanuel Church's  
Vacation Bible School  
Shipwrecked; Rescued by Jesus**

**Guidelines for first-aid, medications,  
food allergies & allergy awareness**

**Dear Parent or Guardian,**

Please review the guidelines listed below regarding first-aid, allergies and snacks, so that you and your child(ren) are prepared for an awesome week!

**First-aid:**

A trained first-aid attendant will be on site each night to tend to minor issues, with ice, band-aids, etc.

If there is a true medical emergency, 911 will be called, along with the child's parents.

We are unable to distribute medication. If your child requires medication during this time, we invite you to remain in the building so that you can administer the medication and provide proper care.

**Food allergies:**

A snack is provided each night. If your child cannot have one or any of the snacks on this list, please provide an appropriate snack on those nights. Be sure these snacks are clearly marked with your child's name and grade. Upon checking in, place snacks in the container on the registration table and it will be delivered at snack time.

|            |                             |
|------------|-----------------------------|
| Monday:    | Goldfish Crackers           |
| Tuesday:   | Oreo Cookies                |
| Wednesday: | Pretzel Rods                |
| Thursday:  | Rice Krispies Treats        |
| Friday:    | Vanilla Dixie Cup Ice Cream |

**Allergy awareness:**

Please be aware that there are some children who are severely allergic to nuts. If your child eats food containing nut products prior to joining us at VBS, would you please have them wash their hands thoroughly as a courtesy.

Please feel free to contact me with questions or concerns.

In Christ,  
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