



## High School

This year's high school Faith Formation program comes in two seasons:

**In the fall season (October-December),** *all youth*—including those seeking the Sacrament of Confirmation in May—will gather each week to reconnect as a community through large group learning and prayer, followed by conversations with consistent small groups. This is a great way to ease back into our life together after the isolation of the pandemic!

**In the spring season (January-April),** those receiving the Sacrament of Confirmation in May will continue to meet in small groups, while our 9<sup>th</sup> graders (and any other high school youth) will join a Spark group. Spark groups are the individual, small-group courses that combine interest-based learning with faith formation. Teens will gather with a team of adults from the faith community who share a common interest or passion, such as athletics, the arts, sciences, business, and so on. In this setting, the group will not only learn about the “interest” but they will *reflect* on the connection the faith has to that interest in their own lives, *explore* that connection through the lens of the faith tradition and biblical teaching, and *examine* ways to live as Christian disciples through their discoveries. **Youth will be invited to choose a Spark group based on their interests in December.**

**Preparation for the Sacrament of Confirmation** is open to youth in 10-12<sup>th</sup> grade, and includes the following elements:

- participating in the regular high school faith formation program in the fall (see above)
- attending a retreat (offered three times in the fall to accommodate different schedules)
- participating in a Confirmation small group in the spring
- attending a Confirmation orientation, two virtual sponsor-candidate sessions, and a rehearsal

For more information, please contact Jessie Johnson (952-405-7210 or [jjohnson@paxchristi.com](mailto:jjohnson@paxchristi.com)) or call the parish office.

**A NOTE ON SACRAMENTAL PREPARATION:**

The sacrament preparation process is part of our faith formation programs. This includes the sacrament of First Reconciliation, First Eucharist, and Confirmation. It is our policy that in order to participate in the sacrament preparation process, your child needs to either be registered and regularly attending one of our faith formation programs the entire year before and during the year of the sacrament celebration, or attending a Catholic school. Registration for our programs occurs in the late summer through fall and can be found at that time on our web page. Please contact the program ministers with questions.