

Seven Gifts of the Holy Spirit

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| 1. Wisdom | 5. Knowledge |
| 2. Understanding | 6. Piety |
| 3. Counsel | 7. Fear of the Lord |
| 4. Fortitude (or courage) | |

The Ten Commandments

1. I am the Lord, your God; you shall have no other gods besides me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

The Beatitudes

- Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- Blessed are the meek, for they shall possess the earth.
- Blessed are they who mourn, for they shall be comforted.
- Blessed are they who hunger and thirst for justice, for they shall be satisfied.
- Blessed are the merciful, for they shall obtain mercy.
- Blessed are the peacemakers, for they shall be called children of God.
- Blessed are those who suffer persecution for justice's sake, for theirs is the kingdom of heaven.

Transubstantiation



Transubstantiation is what takes place in the Mass when the bread and wine become the Body, Blood, Soul, and Divinity of Jesus Christ. It is basically a way of explaining how the change from "bread" to "Jesus" takes place. In transubstantiation, the accidents of the bread and wine remain the same while the substance of the bread and wine are changed.

Important Trivia

Pope: His Holiness Pope Francis
Your Local Bishop: His Excellency Bishop Wm. Michael Mulvey
Your Diocese: Diocese of Corpus Christi
Your Pastor: The Reverend Joseph A. Lopez, JCL
Your Parish: Most Precious Blood Catholic Church

Most Precious Blood Catholic Church

Corpus Christi, Texas



VENI
SANCTE
SPIRITUS

**Confirmation
Study Guide**

The Apostles Creed

1. I believe in God, the Father almighty, creator of heaven and earth.
 2. I believe in Jesus Christ, his only Son, our Lord.
 3. He was conceived by the power of the Holy Spirit and born of the Virgin Mary.
 4. He suffered under Pontius Pilate, was crucified, died, and was buried.
 5. He descended into hell. On the third day he rose again.
 6. He ascended into heaven and is seated at the right hand of the Father.
 7. He will come again to judge the living and the dead.
 8. I believe in the Holy Spirit,
 9. the holy catholic Church, the communion of saints,
 10. the forgiveness of sins,
 11. the resurrection of the body,
 12. and life everlasting.
- Amen.

Precepts of the Roman Catholic Church

1. You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor. We must "sanctify the day commemorating the Resurrection of the Lord" (Sunday), as well as the principal feast days, known as Catholic holy days of obligation. This requires attending Mass, "and by resting from those works and activities which could impede such a sanctification of these days."
2. You shall confess your sins at least once a year. We must prepare for the Eucharist by means of the Sacrament of Reconciliation (Confession). This sacrament "continues Baptism's work of conversion and forgiveness."
3. You shall receive the sacrament of the Eucharist at least during the Easter season. This "guarantees as a minimum the reception of the Lord's Body and Blood in connection with the Paschal feasts, the origin and center of the Christian liturgy."
4. You shall observe the days of fasting and abstinence established by the Church. "The fourth precept ensures the times of asceticism and penance which prepare us for the liturgical feasts and help us acquire mastery over our instincts and freedom of heart." See below for more about fasting & abstinence.
5. You shall help to provide for the needs of the Church. "The fifth precept means that the faithful are obliged to assist with the material needs of the Church, each according to his own ability."

Two Great Commandments of Love

1. YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, AND WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND.
2. YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF.

The Seven Sacraments

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| 1. Baptism—Initiation | 5. Matrimony—Vocation |
| 2. Reconciliation—Healing | 6. Holy Orders—Vocation |
| 3. Eucharist—Initiation | 7. Anointing of The Sick—Healing |
| 4. Confirmation—Initiation | |

Corporal Works of Mercy

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| • To feed the hungry; | • To visit the sick; |
| • To give drink to the thirsty; | • To ransom the captive; |
| • To clothe the naked; | • To bury the dead. |
| • To house the homeless; | |

Spiritual Works of Mercy

- To instruct the ignorant;
- To counsel the doubtful;
- To admonish sinners;
- To bear wrongs patiently;
- To forgive offences willingly;
- To comfort the afflicted;
- To pray for the living and the dead.

The Fruits of the Holy Spirit

The *fruits* of the Spirit are perfections that the Holy Spirit forms in us as the first fruits of eternal glory. The tradition of the Church lists twelve of them:

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| 1. Charity | 7. Generosity |
| 2. Joy | 8. Gentleness |
| 3. Peace | 9. Faithfulness |
| 4. Patience | 10. Modesty |
| 5. Kindness | 11. Self-control |
| 6. Goodness | 12. Chastity |

Act of Contrition

O my God, I am heartily sorry for having offended you, and I detest all my sins, because I dread the loss of heaven and the pains of hell; but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance, and to