



IMMANUEL

CHURCH OF THE NAZARENE



**Welcome to
Immanuel Ninja Warrior Camp!**

GUIDELINES FOR FOOD ALLERGIES, MEDICATIONS AND FIRST AID

Dear Parent or Guardian,

Please review the guidelines listed below regarding first-aid, medications, allergies and snacks, prior to the start of Ninja Warrior Camp.

First-aid:

A trained first-aid attendant will be on site each night to handle minor issues. If there is a true medical emergency, 911 will be called, along with the child's parents.

Medication:

We are unable to distribute medication. If your child requires medication during this time, we invite you to come by at the appropriate time so that you can administer the medication and provide proper care. Inhalers and Epi Pens are an exception! These can be left with our nurse for use if needed.

Food allergies:

A snack is provided each night. If your child cannot have one or any of the snacks on this list, please provide an alternate snack for your child. Be sure these snacks are clearly marked with your child's name and grade. Upon checking in, place snacks in the bin on the registration table and it will be delivered at snack time.

Monday: Individual bag of chips/variety pack
Tuesday: Oreo Cookies
Wednesday: Cheesits
Thursday: Rice Krispies Treats
Friday: Vanilla Dixie Cup Ice Cream

Allergy awareness:

Please be aware that there are some children who are severely allergic to nuts. If your child eats food containing nut products prior to joining us at Ninja Warrior Camp, would you please have them wash their hands thoroughly as a courtesy.

Please feel free to contact me with questions or concerns.

In Christ,
Allison Wetzel
Director of Children's Ministry